

THE ULTIMATE PACKING CHECKLIST

BY JULIA REES



PACKING TIPS



GENERAL PACKING CHECKLIST

Clothing

- ☐ Check the weather and climate of your destination to determine appropriate clothing
- ☐ Pack clothes that are versatile and easy to mix and match
- ☐ Don't forget essentials such as underwear, socks, and pajamas
- ☐ Bring at least one nice outfit for a formal event or dinner
- ☐ Pack a hat, sunglasses, and a scarf for sun protection and style

Footwear

- ☐ Pack comfortable walking shoes or sneakers
- ☐ Bring sandals or espadrilles for sunny weather
- ☐ Pack dress shoes or heels for formal events or dinners

Toiletries

- ☐ Pack travel-sized toiletries to save space and weight
- ☐ Bring a toothbrush, toothpaste, floss, and mouthwash
- ☐ Don't forget deodorant, shampoo, conditioner, and body wash
- ☐ Bring a razor, shaving cream, and moisturiser
- ☐ Pack sunscreen, lip balm, and insect repellent
- ☐ Bring any necessary prescription medications and first-aid supplies

Electronics

- ☐ Bring a camera or smartphone for taking photos and videos
- ☐ Don't forget chargers, adapters, and power banks for electronic devices
- ☐ Pack headphones or earbuds for entertainment during travel or downtime
- ☐ Consider bringing a small portable speaker for music or entertainment

Travel Documents and Money (in handbag)

- ☐ Pack your passport, visas, and any other necessary travel documents
- ☐ Bring cash, credit cards, and ATM cards for emergencies or small purchases
- ☐ Don't forget any travel insurance documents or contact information

Accessories (in hand luggage)

- ☐ Pack a travel pillow and eye mask for comfortable sleep during long flights or car rides
- ☐ Bring a book, magazine, or e-reader for entertainment during travel or downtime
- ☐ Pack a reusable water bottle or hydration pack
- ☐ Bring a small daypack or tote bag for day trips and excursions
- ☐ Don't forget any necessary adapters or converters for your destination's electrical outlets

Miscellaneous Items

- ☐ Bring a small umbrella or rain jacket for unexpected weather
- ☐ Pack a small sewing kit for emergencies
- ☐ Bring a travel-sized iron or steamer for wrinkle-free clothing
- ☐ Don't forget any gifts or souvenirs you want to bring back home



ESSENTIAL PACKING TIPS FOR A STYLISH PARISIAN SUMMER

1. Choose Breathable Fabrics

Summer in Paris can be warm and humid. Opt for natural fibers like linen, cotton, and silk, which are light, breathable, and effortlessly chic.

2. Master the Art of Layering

Evenings can be cool, so pack a light blazer, denim jacket, or cardigan. These layers are perfect for rooftop dinners or twilight walks along the Seine.

3. Think Versatility

Every item should pair with multiple others. A white linen shirt can be tucked into trousers for a day at the Louvre or layered over a dress for a casual look. The Little Black Dress (LBD) seamlessly transitions from day to night.

4. Comfortable Footwear is Key

Paris is best explored on foot. Pack a pair of espadrilles, stylish sneakers, and comfortable sandals for days of sightseeing.

ESSENTIAL PACKING TIPS FOR A STYLISH PARISIAN SUMMER



5. Accessories Elevate Every Outfit

A silk scarf, minimalist gold jewelry, and a straw basket bag can transform even the simplest outfits. They're lightweight, space-saving, and instantly Parisian.



6. Keep Makeup & Beauty Minimal

French women favor natural beauty. Bring a tinted moisturizer with SPF, hydrating mist, mascara, and a red lipstick for a touch of glamour.



7. Travel Essentials

France uses Type C/E plugs with 230V voltage. Bring a universal adapter and a portable charger.

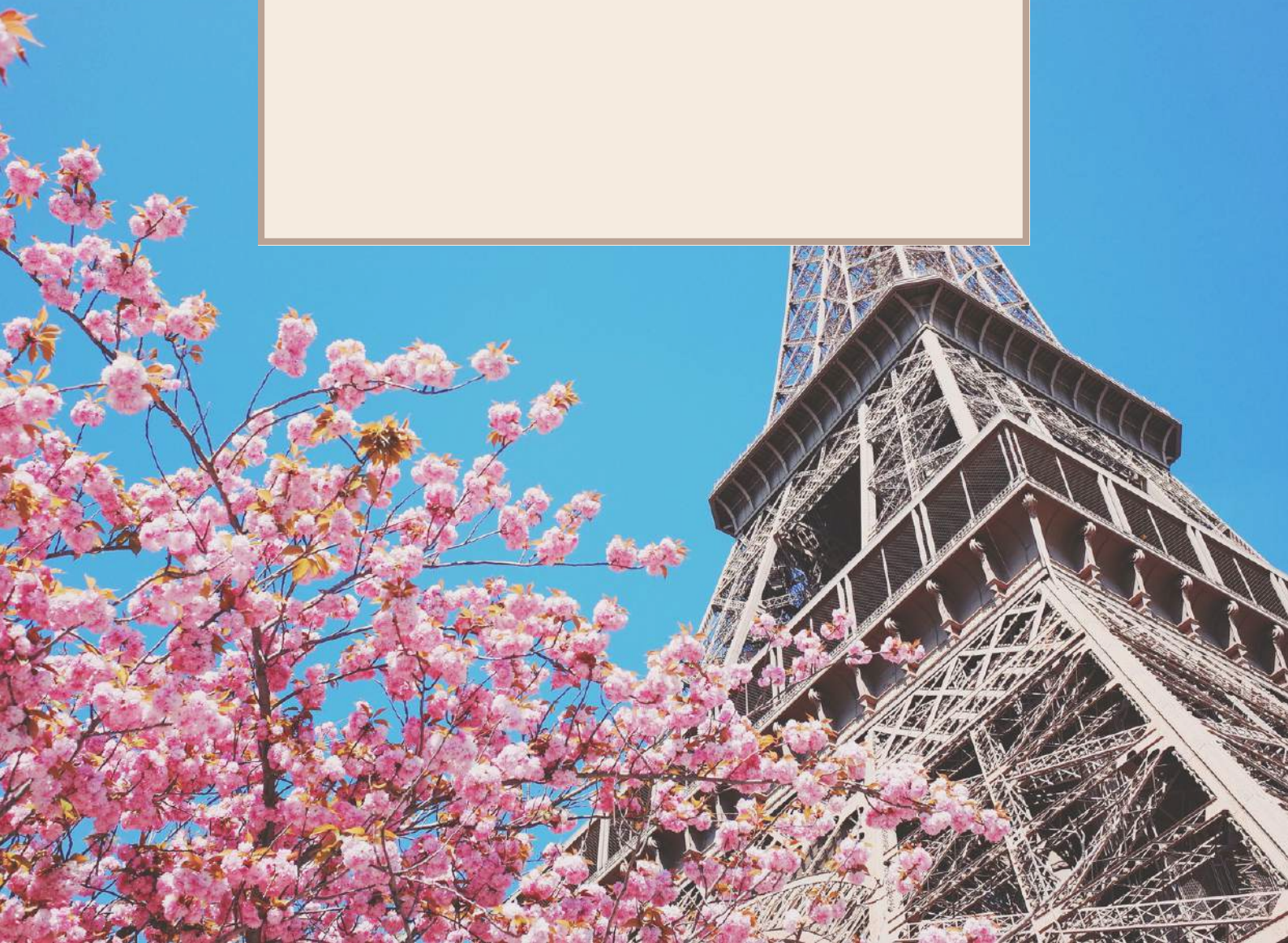
Carry a copy of your passport, ETIAS (if applicable), and travel insurance documents.



8. Stay Organized

Use packing cubes to separate outfits, and bring a foldable tote for day trips or market visits.

PARIS CHECKLIST



CHECKLIST

PARIS CHECKLIST



Clothing

- ☐ White linen blouse
- ☐ High-waisted wide-leg trousers
- ☐ Silk slip dress
- ☐ Little Black Dress (LBD)
- ☐ Midi skirt
- ☐ Tailored shorts
- ☐ Cropped denim jacket or light blazer
- ☐ Light jacket or sweater for cooler evenings
- ☐ Selection of basic tees
- ☐ High-waisted shorts
- ☐ Wrap dress
- ☐ Lightweight Pajamas

Footwear

- ☐ Espadrilles
- ☐ Stylish sneakers or sandals
- ☐ Evening heels or wedges (optional)

Accessories

- ☐ Straw basket bag
- ☐ Silk scarf
- ☐ Minimalist gold jewelry
- ☐ Oversized sunglasses
- ☐ Compact crossbody for evenings
- ☐ Umbrella

Hygiene and Personal Care

- ☐ Towels or wet wipes
- ☐ Toiletries (shampoo, conditioner, soap, etc.)
- ☐ Tinted moisturizer with SPF
- ☐ Light makeup & compact mirror
- ☐ Red lipstick
- ☐ Hydrating mist & hand cream

Electronics

- ☐ Camera or video camera
- ☐ Universal adapter & portable charger
- ☐ Waterproof Bluetooth speaker
- ☐ E-reader or tablet for reading or entertainment



PACKING PRO TIPS

✨ Plan outfits in advance. Try to create looks that mix and match, so you don't overpack.

✨ Pack neutrals with a few accent pieces. Parisian style is understated, but a pop of color adds personality.

✨ Roll, don't fold. This saves space and reduces wrinkles.

✨ Leave space for shopping! Paris is a shopping haven—think vintage shops, designer boutiques, and markets.

FINAL THOUGHTS

Packing for a Parisian summer doesn't mean cramming your suitcase. It's about curating a wardrobe that reflects your personal style while embracing Parisian elegance. With this list, you'll glide through the streets of Paris feeling confident, comfortable, and perfectly chic.

Julia x



julia@thevelvetrunway.com

www.thevelvetrunway.com

